

## Teamwork – Build trust within your team

Enhancing trust within a team is the foundation for building intense bonds between team members, and for having aligned goals. Personal histories is a simple and effective tool to start on the bonding process.

Use personal histories, five non-intrusive personal questions to get to know each other quickly. Here is a collection of questions to use. Don't use them all at once. Space them out, perhaps monthly when you convene with your team to continue the bonding process.

1. Where did you grow up?
2. What is the number of siblings in your family?
3. What was one of your childhood hobbies?
4. What was your biggest challenge growing up?
5. What was your first job?

1. What is the book or books that you have gifted or recommended the most and why?
2. What purchase of £100 or less has had the most positively impacted your life in recent memory?
3. What is an unusual habit or absurd thing that you love?
4. What is the most memorable or important thing you have learnt from your parents?
5. How has a failure, or apparent failure, set you up for later success?

1. What is your favourite movie (or mini-series) of all time and why?
2. What are the open tabs in your internet browser right now or that are most often open?
3. What would you grab to save from a burning building (if your family is safe)?
4. Who would be on a committee of 3 people (living or dead) to help you make important decisions?
5. Describe the best boss you have ever had?

1. What advice would you give to a smart, driven university student about to enter the “real world”?  
What advice should they ignore?
2. What drives you to do a great job?
3. What part of your job do you love and what are the bits you try to avoid?
4. What is the best way to communicate with you, and why?
5. If you took one year off with your family and spent it somewhere, coming back to your work and continuing as normal – where would that be?

